

How To Practice: The 3x Perfect Rule

Identify the musical challenge you need to overcome. It could be the trickiest section of a larger musical phrase, or just a few notes in an unusual rhythm pattern.

STEP 1: TRY PLAYING IT AT A COMFORTABLE TEMPO. WERE YOU SUCCESSFUL?

Accurate pitch? Steady beat and rhythm? Beautiful tone? Clear articulation?

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NO

YES

Great! Go to STEP 3.

STEP 2: SIMPLIFY THE PROBLEM with these options:

- Take it even slower, OR
- Shorten the musical phrase even further, OR
- Ignore any decorative markings like dynamics, articulation (e.g. slurs, accents) or grace notes.

NOW TRY IT AGAIN. WERE YOU SUCCESSFUL?

YES

NO

Don't stress. Go back to STEP 2 and simplify the part even more!

To the Growth Phase!

PS: It takes days, not minutes!

STEP 3: REPEAT IT AGAIN AT THE SAME TEMPO aiming for another perfect performance.

Once you have achieved three successful performances in a row you're ready to move on. But remember, every failed attempt takes your count back to one! Be patient 😊

3x PERFECT

NEW CHALLENGE!

STEP 4: GRADUALLY REBUILD OR EXTEND THE SECTION until you reach your goal. Try it:

- Faster if you're goal is to build up to the full tempo, OR
- As a longer phrase if you had previously shortened it, OR
- With decorative elements such as articulation and dynamic changes included.